

London South East Children's University August 2026 Challenge



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| ☐ Build a fort | ☐ Play dressup | ☐ Have a dance party | ☐ Watch the sunrise |
| ☐ Ice cream party | ☐ Waterballoon fight | ☐ Play baseball | ☐ Send a postcard |
| ☐ Read 5 books | ☐ Make S'mores | ☐ Tell scary stories | ☐ Build a birdfeeder |
| ☐ Go for a swim | ☐ Take fashion pics | ☐ Paint rocks | ☐ Play i-spy |
| ☐ See a movie | ☐ Play frisbee | ☐ Make a craft | ☐ Family sleepover |
| ☐ Play board games | ☐ Make a mud pie | ☐ Color pages | ☐ Waterballoon baseball |
| ☐ Paint a picture | ☐ Ride the swings | ☐ Play cards | ☐ Go roller skating |
| ☐ Make watergun art | ☐ Have a pajama day | ☐ Go on a nature hunt | ☐ Wash a car |
| ☐ Have a picnic | ☐ Play Hide and Seek | ☐ Play Twister | ☐ Play dodgeball |
| ☐ Go for a walk | ☐ Make a pizza | ☐ Make bath bombs | ☐ Bury a time capsule |
| ☐ Blow bubbles | ☐ Have a sleepover | ☐ Talent competition | ☐ Help cook dinner |
| ☐ Jump rope | ☐ Watch the stars | ☐ Make a campfire | ☐ Finger paint |
| ☐ Fly a kite | ☐ Play hopscotch | ☐ Play flashlight tag | ☐ Make paper airplanes |
| ☐ Have a pillow fight | ☐ Have a luau | ☐ Have a sack race | ☐ Plant seeds |
| ☐ Scavenger hunt | ☐ Make bracelets | ☐ Watch fireworks | ☐ Have a puppet show |
| ☐ Start a journal | ☐ Eat whipped cream | ☐ Sleep in a tent | ☐ Build a sand castle |
| ☐ Treasure hunt | ☐ Have a relay race | ☐ Make slime | ☐ Help make dinner |
| ☐ Play basketball | ☐ Make a music video | ☐ Do a good deed | ☐ Go to the library |
| ☐ Hula hoop | ☐ Play laser tag | ☐ Make play dough | ☐ Shaving cream fight |
| ☐ Go on a bike ride | ☐ Race RC cars | ☐ Eat a snow cone | ☐ Ride a scooter |
| ☐ Dance in the rain | ☐ Play volleyball | ☐ Make tie-dye shirt | ☐ Build a puzzle |
| ☐ Make popsicles | ☐ Indoor marathon | ☐ Science experiment | ☐ Have a diy spa day |
| ☐ Family movie night | ☐ Have a bubble bath | ☐ Draw on sidewalk | ☐ Pool noodle fight |
| ☐ Camp indoors | ☐ Obstacle course | ☐ Run thru sprinklers | ☐ Make a memory jar |
| ☐ Stay up all night | ☐ Catch fireflies | ☐ Make brownie dough | ☐ Watch movie outside |

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The summer holidays have begun and that means time to rest, relax and have lots of fun!

For this month's challenge, we would like you to pick out some of the ideas in the Summer Bucket List and complete the activity!

For every 2 activities completed, you will earn a 1hr stamp for your passport – simply send Kate a photo of the activity via BexleyCU@LSEAT.org.uk and she will send you the stamp code.

Have a great summer!

With thanks to [Rainy Day Mum](#) for such great ideas!