

London South East Children's University October 2025 Challenges

National Reuse Day takes place on 18th October 2026 and it is an awareness day created to encourage us all to reuse items instead of throwing them away, so all of these challenges this month link to this!



You can choose to complete as many of these challenges as you wish – simply email your evidence (a photo is absolutely fine!) to Kate at BexleyCU@LSEAT.org.uk and she will send you your stamp code!

Reuse and find a new use!

For this challenge, I would like you to find something that you would normally throw away or recycle and find a new use for it. For example, maybe you have a jam jar which you could decorate and turn into a vase, or plastic drink bottles you could turn into plant pots.

Reuse and get crafty!

A great way of reusing items is to do craft with them - I even remember using old kitchen roll tubes to create a necklace tree when I was a child. For this challenge, use items you would have thrown away or recycled and create something crafty! The more inventive, the better!

Reuse and make something!

For this challenge, I would like you to find a piece of clothing that you don't wear anymore – maybe it doesn't fit anymore or maybe it has a stain you can't get rid of – and then turn it into something else. For example, you could turn some old bedding into cloths to clean the house with. Or you could turn a t-shirt into a bag!

Reuse and pass it on

We often find that items at home that we don't use – maybe it is broken or you don't need it anymore. For this challenge, I would like you to find someone to pass it onto who could benefit from it. For example, if you have an electrical item that is broken, could you take it to a Repair Café or see if any of our electrical colleges would like it for their students to practice on? If it is still working and in good condition, could you donate it to a charity shop or see if a neighbour could make use of it? Or maybe you have a toy you could pass on?

There are more ways you can reuse items in your home via this link: <https://www.faithinnature.co.uk/blogs/notes-on-nature/10-ways-to-reuse-around-the-house>